



111 E. Wisconsin Ave. #201 • Neenah, WI 54956  
 Tel (920) 315-6869 • Email: [info@fortitudekravmaga.com](mailto:info@fortitudekravmaga.com)  
[www.fortitudekravmaga.com](http://www.fortitudekravmaga.com)

Effective  
 May 8th, 2023

## Kids Brazilian Jiu Jitsu Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 AM						Beginner Kids Jiu Jitsu	
4:15 PM	Private Lessons By Appointment	Introductory Lessons	Private Lessons By Appointment	Introductory Lessons	Private Lessons By Appointment	RESERVED FOR SEMINARS AND BELT TESTING	RESERVED FOR SEMINARS AND BELT TESTING
4:45 PM	Advanced Kids Jiu Jitsu	Beginner Kids Jiu Jitsu	Leadership	Beginner Kids Jiu Jitsu			
5:15 PM		Advanced Kids Jiu Jitsu		Advanced Kids Jiu Jitsu			
5:30 PM	Beginner Kids Jiu Jitsu	Introductory Lessons	Kids Jiu-Jitsu Sparring	Introductory Lessons	Competition Class Once per month		

### Fortitude BJJ Coaches

Joel Ellenbecker	Mason Grode	Smit Chauhan	Anna Schnaderbeck	Jordan Sturgis	Tiffany Van Boxtel
------------------	-------------	--------------	-------------------	----------------	--------------------

### CLASS EXPLANATION

<b>Introductory Lesson</b>	Introductory lesson to our Kids Brazilian Jiu Jitsu Program for ages 6-14
<b>Beginner</b>	Fundamentals of Brazilian Jiu-Jitsu for kids ages 6-14.
<b>Advanced</b>	Advanced techniques, concepts and sparring for KIDS BJJ program.
<b>Sparring</b>	Class designed to build on skills and practice moves will doing training rounds.
<b>Competition</b>	Learn about and prepare for BJJ tournaments.
<b>Private Lessons</b>	Additional Practice time to improve on desired area of BJJ (By appointment & Extra Cost)
<b>Belt Testing</b>	Opportunity for students who have all 4 performance stripes to test for their next rank.
<b>Leadership</b>	A class to make our students better leaders on and off the floor. Also a class that can get them to instruction.

### NOTES

- Members enrolled in Kids BJJ Jiu-Jitsu Program may attend Beginner & Advanced classes. (Instructor approval required for students to attend Advanced class)
- Beginner Classes are 30 minutes & Advanced classes are or 45 minutes long.
- Class sizes are limited - please arrive 5-10 minutes early for check-in. Reserve at least one hour in advance on Wodify.
- MANDATORY** Dress code in Kids BJJ classes: Fortitude GI required